



Do you or your child need an influenza immunization?

Children and adults with chronic illnesses are more at risk of complications from influenza so immunization is a very important measure to prevent disease.

Free influenza immunization is provided for:

- Children and adults with chronic health problems such as asthma, cancer, heart disease, lung disease, kidney disease, diabetes, severe anemia, asplenia, sickle-cell disease, neuromuscular disorders, conditions requiring long-term aspirin therapy or immune system problems.
- Children 6 months up to and including 4 years of age.
- Adults 50 years of age and older.
- Pregnant women.
- People who are caregivers of children aged birth to 23 months.
- People who live with:
 - Persons with chronic health problems as listed above
 - Children less than 24 months of age
 - Persons 65 years of age and older
 - Pregnant women.

For those not eligible for free immunization, influenza vaccine may be purchased for \$25.

Drop-in clinics for influenza immunization will be offered beginning in October. Clinics will be held at community sites throughout the region. No appointment is necessary. Watch your local newspaper for clinic dates and locations.



**Alberta Health
Services**
Capital Health